

26th Sunday in Ordinary

Time

1st October 2017 · Year A

Weekday I · Psalter Week II

Provost David Paul · Cathedral Dean · 01603 728930

Father Arockiya Seelan · 01603 728931

Father Henry Whisenant · 01603 728932

Father Laurie Locke (*in residence*) · 01603 728934

The Cathedral of St John the Baptist

Deacon Patrick Limacher · 01603 624615

Deacon Andrew Eburne · 01603 592168

Narthex Office · 01603 724380

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Liturgies in the Cathedral

The Cathedral is open daily from 0730-1930

| | | Intention |
|---|---|--|
| Sunday 1st October 2017 26 th Sunday in Ordinary Time | 0900 · Mass 1100 · Solemn Mass 1730 · Mass [St Mark's, Lakenham] | Jocelyn Pilch Patrick Gleeson Pro Populo |
| Monday 2nd October The Holy Guardian Angels | 0940 · Morning Prayer 1000 · Mass | Thomas & Aoife Rock |
| Tuesday 3rd October Feria | 0940 · Morning Prayer 1000 · Mass 1100 · Polish Mass 1830 · Sung Vespers of the Dead 1900 · Sung Requiem Mass | Private Intention Cardinal Cormac O'Connor |
| Wednesday 4th October S Francis of Assisi DnRel | 0940 · Morning Prayer 1000 · Mass | St Francis of Assisi School |
| Thursday 5th October Feria | 0940 · Morning Prayer 1000 · Mass | Sick of Parish |
| Friday 6th October Feria | 0940 · Morning Prayer 1000 · Mass 1030-1600 · Exposition 1600 · Benediction 1800 · Extraordinary Form Mass | Frank Ransom Stephen Moor and Family |
| Saturday 7th October Our Lady of the Rosary | 1000 · Mass 1600 · Polish Mass 1800 · Mass | Patrick Gleeson |

Confessions: Tuesdays 1930-2000 & Saturdays 1030-1100 · 1530-1630 · 1900

The Rosary is prayed Monday-Friday after the 1000 Mass in the Walsingham Chapel

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Last Week's Collection: £2,424.68 Thank you.

Please remember in our prayers all those who are sick: Dorothy Wood, Joe Heaney, Timmy Fisher, Emma Cressey, Mino Dawabi, Lyndall, Fr Gordon Cordy, Anthony Preston, Pauline Ward, Walter Roe, Peter Warrington, Joanne O'Brien, Heather Reyes, Joan Smithurst, Rita Tringali, Nina Strivens, Liam McKenna, Anne Hendrie, Mark Taylor, Joan Marshall, Francesco Bagnoli, David Lamb, Angela Cooper, Paul Horan, Ilona Auchan Gray, Simon Spence, Lyndall Passerini, Sheridan Winn & Parents, Frank Keating, Annette Hulme, Denise Grey, Joseph Morris, Cynthia Youson & Family, Marian O'Shea & family, Mary Thorpe, John Pye, Sophie Cameron, Harry Smith, Patrick Stevens, Sandia Ramnarain Juggessur and Sheetal Lollbeeharry, Justyna Adamska, Irena Romanowicz, Elzbieta Kasek, Alina Bland and Eleanor Josephine Bray, Andrea Cope and Lily Reid. Special prayers are requested for Brian Mayclim who meet with serious accident and is in ICU in Ireland.

October 3rd at 7pm Bishop Alan will celebrate a Requiem Mass for Cardinal Cormac Murphy O'Connor

FATIMA VISIT

A very big Thank You to everyone in the Cathedral for making the Fatima Visit such a blessed time. To the Sacristans, Altar Servers, Flower Arrangers, Stewards, Knights of St Columba, Cleaners, and all who welcomed our many visitors and guests our sincere gratitude.

First Holy Communion (FHC) lessons start this Sunday 1st October at 2.45pm. Please refer to the email for times and details.

UEA – Masses begin at the Catholic Chaplaincy this week for students and staff. Mass times are Sunday 6pm and Thursday 6pm.

CAFOD Harvest Fast Day - Friday 6th October. Focusing on helping poor farmers in El Salvador. Envelopes available next week-end. Thank you

The next Baptism Preparation Class Saturday 30th September at 4pm in the Cathedral Choir Sacristy.

Peter's Pints – See the poster at the back of church for information about the next meeting in the café at 7pm on Friday 6th October: "What every Catholic should know about the Crusades".

Advent Retreat at Walsingham between the evening of Friday 1st December and the afternoon of Sunday 3rd December led by Fr. Tom Goonan SM and staying at Elmham House. Please contact Howard Rochford on 01603 504761 for more details and a booking form.

The Cathedral Car Park on Earlham Road will be closed Thursday 5th October 2017 between the hours of 0800-1600, this is due to roof maintenance and the area will be needed for a large cherry picker. Sorry for the inconvenience.

Wednesday 4 October is the feast of St Francis of Assisi. After the 10am mass, Bishop Alan will bless the Garden of Contemplation dedicated to St Francis of Assisi. This garden area, tucked away by the cathedral wall, has been created by Zanna and her team of volunteers as part of the Parish's Livesimply action. Please join us for this dedication.

Catholicism - the acclaimed study series continues this Friday 29nd Sept 7.30-9pm in Mac's bar. This week's talk will be on the teachings of Jesus entitled "Happy are we"

Exposition of the Blessed Sacrament will take place for the First Fridays, on **Friday 6th October** from after the **10am** mass until **4pm** when Benediction will take place. The Chaplet of Divine Mercy will be said at **3pm**. All Welcome. Please add your name to the list at the back of the church if you would like to take a

The Yearly Missal starting at Advent **NOW ON SALE** in the Cathedral Shop £5.95.

Journey of Faith – Anyone thinking about exploring the Catholic Faith, or those who wish to become Catholics are invited to begin the Journey of Faith programme on Thursday evenings 7.30 – 8.30pm in The Narthex. Please encourage anyone you know who may be interested to come along.

Parish Alive in Faith events - save these dates! Romero - Heartbeat of El Salvador - RISE Theatre is back with their original play '**Romero – Heartbeat of El Salvador**' at the Narthex on **Saturday 30th September at 7.00pm**. Tickets are on sale in the shop or visit www.ticketsource.co.uk/risetheatre . There will be cake stall and the bar will also be open for drinks that evening. Come be inspired by this story and support the fund raising efforts of the youth group.

20s & 30s Group – There will be a meeting for young adults in their 20s and 30s on Wednesday 4th October, starting with Rosary in the Walsingham chapel at 6.30 pm and going into the Narthex for a bring-and-share buffet and a talk. For more information speak to Fr Henry.

CAFOD Harvest Fast Day will be on **Friday 6th October**. This year it focuses on helping poor farmers in El Salvador to improve the yield from their crops to provide basic essentials such as food and medicine. Envelopes for offerings are available after Mass. Thank you for your support. All welcome to join a **Quiet day, 'day of renewal'**, (a parish mission), to counter the excesses of Hallowe'en, 10 am to 3.00 pm, **Saturday 29th October**, based on the writings of Julian of Norwich. Please phone Peter on 01603 502355.

Catechesis Corner

The month of October is dedicated to the Holy Rosary. The Rosary will be prayed after every 1000 Weekday Mass during October. Please do join us for this devotion.

In his biography of Pope Francis, Austen Ivereigh recounts then Cardinal Bergoglio's experience of praying with Saint John Paul II:

One afternoon I went to pray the Holy Rosary that the Holy Father was leading. He was in front of us on his knees. With the Holy Father's back to me, I entered into prayer. In the middle of the prayer, I became distracted looking at the pope, and time began to fade away. I began to imagine the young priest, the seminarian, the poet, the worker, the child from Wadowice in exactly the same posture as he was now, praying Hail Mary after Hail Mary. His witness struck me. I felt this man, chosen to guide the Church, was the summation of a path trod together with his Mother in heaven, a path that began in his childhood. And I suddenly realized the weight of the words spoken by the Mother of Guadalupe to Saint Juan Diego, "Do not be afraid. Am I not your mother?" I grasped the presence of Mary in the pope's life. His witness did not get lost in memory. From that time onward I have prayed the fifteen mysteries of the Rosary

slot on the Rota, to ensure a presence at all times.

every day.