

2nd Week of Lent

Sunday 17th March 2019

Year C · Weekday I · Psalter Week 2

Provost David Paul · Cathedral Dean · 01603 728930

Father Leo Michael · 01603 728931

Father Andrew Eburne · 01603 592168

The Cathedral of St John the Baptist

Deacon Patrick Limacher · 01603 624615

Father Laurie Locke · 01603 728934

Narthex Office · 01603 724380

Cathedral House · Unthank Road · Norwich · NR2 2PA

Tel: 01603 624615 · enq@sjbcathedral.org.uk

Liturgies in the Cathedral

The Cathedral is open daily from 0730-1830

Intention

Sunday 17 th March 2 nd Sunday of Lent	0900 · Mass 1100 · Solemn Mass 1730 · Mass	Pro Populo Dominic & Paula Lickert Mgr John Drury
Monday 18 th March Lent Feria	0940 · Morning Prayer 1000 · Mass	Cecil & John Braniff
Tuesday 19 th March S Joseph Spouse of The BVM Solemnity	0940 · Morning Prayer 1000 · Mass 1830 · Sung Solemn Vespers 1900 · Sung Mass & Adoration	Fr Gordon Cordy Fincham
Wednesday 20 th March Lent Feria	0730 · Mass 0940 · Morning Prayer 1000 · Mass 1200 · Requiem Mass	Paula Lickert Betty Marris
Thursday 21 st March Lent Feria	0940 · Morning Prayer 1000 · Mass	Sister Rita O.C.D.
Friday 22 nd March Lent Feria	0940 · Morning Prayer 1000 · Mass 1230 · Stations of the Cross 1930 · Stations of the Cross	Arthur Holland
Saturday 23 rd March Lent Feria	1000 · Mass & Adoration 1100 · Benediction 1600 · Polish Mass 1800 · Mass	Duff family Kathleen Hayes
Sunday 24 th March 3 rd Sunday of Lent	0900 · Mass 1100 · Solemn Mass 1730 · Mass	Pro Populo Tamara Kuhn Holy Souls

Confessions: Tuesday 1930-2000 · Saturday 1030-1100 · 1530-1630 · 1845-1930

The Rosary is prayed in the Walsingham Chapel after the 1000 Mass Monday–Friday

Prayers for the sick: Fr John Warrington, Peter Warrington, Paul Horan, Liam McKenna, Philippa Barnes, Anthony Preston, Nancy Horner, Diane Downing, Joan Marshall, Wood Family, Eleanor Bray, Lily Reid, Joe Heaney, Andrea Cope, Nina Strivens, Mary Ward and Dianne Yeadon. **Recent Deaths:** Douglas Wilson, Remo Mattiello. Under the new data protection law (GDPR) we need 'explicit consent' in order to print in the newsletter the names of those sick parishioners from whom we are praying. If you would like your name or that of a relative added to the list, please take a form from the back of the church. Please be aware that if it is for a relative he or she must give consent themselves.

Last Week's Collection £2,176.77 Thank you. This Weeks Retiring Collection for CAFOD

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This **Sunday April 17th** marks **Bishop Alan's 75th birthday**, and together we offer him our warmest congratulations and good wishes, and gratitude for his service to the people of the Diocese. All the Cathedral priests will join Bishop Alan for the 11am Mass. Please join us in the hall after Mass for a slice of the Bishop's birthday cake!

Lenten Alms. Giving alms is one of the pillars of devotion in Lent. Our Lenten charities this year are **Aid to the Church in Need**, which supports persecuted Christians around the world, especially rebuilding churches and communities destroyed by Daesh in Iraq; and the **Cambridge Nazareth Trust**, which provides education for poor children in the Holy Land. You can make your offering in the Lenten alms box at the back of the Cathedral.

The **Lent Station Mass** for the Norwich Deanery will be celebrated by Bishop Alan and the Norwich clergy at **St George's, Sprowston** on **Thursday 21st March** at 7pm. Please join us for this traditional Lent liturgy when there will be opportunities for our **Lent Confession** throughout the evening. The evening ends with a soup supper to which all are welcome.

An **additional Mass** will be celebrated in the Cathedral each week on **Wednesday** at **7.30am** during Lent.

Each Wednesday during Lent there is Exposition of the Blessed Sacrament in the Cathedral for Prayer and Adoration for the intention of the **Sanctity of Life**. Adoration will take place between **12-1pm**, and will begin with a Rosary for Life followed by silent prayer. Please join in prayerful support. Thank you.

Stations of the Cross are prayed in the Cathedral every Friday during Lent at 12.30pm and 7.30pm. Do join us in this traditional Lenten devotion as we follow in the footsteps of Jesus Himself on the *Via Dolorosa*, or Way of Sorrow towards the Cross.

Please support the Lenten Lunches for Tambogrande on the **Fridays in Lent** in the Narthex at 1pm after Stations of the Cross.

The next meeting of '**Lectio Divina**' (praying with Scripture) will be on **Monday 18th March** at **6.30pm*** in the **Meeting Room** at St George's Sprowston. All welcome. Just turn up or see flyers for more information. Contact Monica Barnham 07963 526486. (Please note change of time and venue for this month only).

The **Diocesan Newspaper** can be found at the back of the cathedral. They are **Free!**

There will be a training day on **Saturday 23rd March** beginning at 2.30pm for those who would like to be commissioned as **Extraordinary Ministers of the Eucharist**. Please speak to Canon Paul for more details.

John Pinnington from **Norfolk Street Partnership**, will speak on 'Working with the vulnerable on the streets of Norwich', in the Narthex on **Thursday April 4th at 7.30pm**, refreshments from 7pm. Hosted by Norwich Justice and Peace group. All welcome.

Are you interested in training to become a volunteer guide at St John's Cathedral? Have you guided for us before, and want to do more? If you are familiar with St John's Cathedral, personable, mobile, keen to learn and share interesting stories and information about the Cathedral, contact Julia on 01603 724381 or email heritage@sjbcathedral.org.uk Thank you.

The **Music List** for this term is available at the back of the Cathedral and on the website – please do take one.

Diocesan Yearbook for 2019 is available for £2 in the Cathedral Shop.

Dementia Friendly coffee mornings 11am-1pm on the **second Thursday** of every month (except September, December & January) in the **Narthex bar**. A friendly environment bringing people together to chat, enjoy various fun activities, learn new skills together and feel empowered to take advantage of other local support and services. Refreshments available, just turn up. For more information email heritage@sjbcathedral.org.uk



Lent with the Gospel of St John

Throughout Lent we are reading the Gospel of St John, as a way of journeying more closely with Our Lord. Reading ½ a chapter each day, we will complete the Gospel by Easter Sunday.

To read this week: Chapters 7 – 9

Three things to look out for this week:

- (1) Jesus's rebuke of those who would stone to death the woman taken in adultery: 'Let him who is without sin among you be the first to throw a stone at her!'
- (2) Jesus's description of Himself as 'the Light of the World' – the source of all truth, faith and life.
- (3) Jesus's healing of the man born blind; which symbolises that spiritual clarity of sight which He gives to all who believe in Him.