

# SECOND WEEK OF EASTER

19<sup>th</sup> April 2020

Year A · Weekday II · Psalter Week 2

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## Liturgies in the Cathedral

The Cathedral remains closed at this time

Mass Intention

	Mass	Mass Intention
Sunday 19 <sup>th</sup> SECOND SUNDAY OF EASTER SUNDAY OF DIVINE MERCY	Mass	Charles Ward +
Monday 20 <sup>th</sup> April Easter feria	Mass	Maria & Clementina Panetta +
Tuesday 21 <sup>st</sup> April Easter feria	Mass	Michael Plunkett +
Wednesday 22 <sup>nd</sup> April Easter feria	Mass	Catherine Sheehy
Thursday 23 <sup>rd</sup> April ST GEORGE, SOLEMNITY	Mass	Howard Fears +
Friday 24 <sup>th</sup> April Easter feria	Mass	Bridie Gleeson +
Saturday 25 <sup>th</sup> April ST MARK	Mass	Susan Akrill
Sunday 26 <sup>th</sup> April THIRD SUNDAY OF EASTER	Mass	Nita Purcell +

**AN ACT OF CONTRITION:** *Oh my God, I am very sorry for having offended you, and I detest all my sins, because they offend you, my God, who are deserving of all my love. Firmly I resolve, by the help of your grace, to sin no more. Amen.*

**AN ACT OF SPIRITUAL COMMUNION:** *Lord Jesus, though I may not at this moment receive you physically in Holy Communion, please come into my heart, your whole Soul and Divinity, and remain there, and keep me safe. I love you Jesus, always. Amen.*

**Prayers for the sick:** Canon Paul, Fr John Warrington, Peter Warrington, Paul Horan, Liam McKenna, Philippa Barnes, Anthony Preston, Nancy Horner, Joan Marshall, Wood Family, Eleanor Bray, Lily Reid, Joe Heaney, Nina Strivens, Mary Ward, Dianne Yeadon, Chris Gillham, Peter Willets, Justina Adamska, Reece Sales, Nicholle Sales, Amanda Caistor, Patrick Campion and Brian Whitlam. *This sick list has not been updated, and, because of GDPR, we cannot add new people for data protection reasons without their written permission. Please pray for all the sick, and let us know if a name on this list needs removing, or if you would like to be added to the list.*

**Going into hospital?** If you or a relative are in hospital, please inform the hospital ward itself (not the parish) that you or your relative are Catholic and would like to see the chaplain. The hospital chaplaincy arranges the Catholic chaplain to visit those who are admitted to hospital.

**Priests will only be able to make physical home visits (other than phone visits) to those who are in danger of death. The chaplain can only go into the hospital in an emergency situation and by the invitation of the hospital only.**

Thank you for your continued financial support for the Church at this difficult time.  
If you are interested in setting up a standing order or gift aid donation, please contact Cathedral House.

Today is the **Second Sunday of Easter**, called "Quasimodo Sunday." Some Sundays, like "Laetare" or "Gaudete" Sundays get their name from the first words of the Mass, the antiphon, or scriptural sentence, which is provided for every Mass: "*Quasi modo geniti infantes*" ... *like newborn infants who long for spiritual milk, rejoice in God our helper and shout for joy to the God of Jacob: Alleluia.* Our **thirst** for God is a sign of our **love** for Him.

The **Octave Day of Easter**, today our week-long Easter Day comes to an end, and we hear the Gospel from the end of that first Easter Day, when the Lord Jesus appears to the Apostles in the cenacle where the Last Supper had taken place. St Thomas, who had missed the excitement of the day, had now turned up, and bidden by Our Lord, put his fingers into His Wounds, and declares: "My Lord and My God." The wounds of Our Lord remain on His Body as a reminder that His love and mercy has no end.



The only blemishes in heaven are the Wounds on the Lord's Body, and they have been transformed from scars into glorious reminders of His generosity and goodness. Therefore, today is also a Sunday on which we remember God's mercy (a **Sunday of Divine Mercy**) when we give thanks for His goodness and worship His Sacred Wounds and His Sacred Heart.

We offer our thanks to all those who are working hard at the moment, especially those who care for others. **Thanks to all health-care workers in hospitals, care homes and hospices: especially nurses, carers, doctors and clinical professionals.** There are lots of people behind the scenes, as well, in health-care systems whose hard work is essential: paramedics, drivers and pilots, cleaners and janitors, caterers, administrators, chaplains, and many others.

We also thank other essential key workers: the emergency services, mail workers, delivery drivers, shop assistants, security guards, technical and repair workers, teachers and support staff, labourers, agricultural workers, the armed forces and all those who are organising efforts to alleviate the physical, mental, economic and social effects of our current situation.

**No one person or organisation is alone in this work.** Many are working in high-risk situations, and our gratitude is especially for them for their particular sacrifice. **We need to remember to pray especially for these people and their work.** We also thank their families at home, who are supporting them in their work, and are also in need of our prayers. Those of us at home are not useless, but essential in our calling to pray for others. We cannot also help but wonder whether this is a time of personal and social renewal: at all times, God is calling us to live a life of beatitude and generosity. May all persons be open to the movement of grace which God is showering on the whole world at this time.

**Daily Live Broadcasts from the Cathedral:** view Mass online at **10am every day** on our parish website [sjbcathedral.org.uk](http://sjbcathedral.org.uk) or directly on the Cathedral YouTube channel [youtube.com/channel/UC1L1vHKBeZgiaUf6hUxbT0A](https://www.youtube.com/channel/UC1L1vHKBeZgiaUf6hUxbT0A) - You can watch any Mass afterwards on YouTube.

**Sunday 19<sup>th</sup> April 3pm** – a special live broadcast with exposition of the Blessed Sacrament with the recitation of the **Chaplet of Divine Mercy**, and **Benediction**.

**Live broadcasting from the Cathedral** has proved popular, not only in our parish, but also around the country, and beyond! We hope to be able to **continue broadcasting** from the Cathedral after the current crisis, both daily Mass and other liturgies (such as sung vespers, adoration and benediction) and the great diocesan events which we host, being the Mother Church for the whole of East Anglia. **We need financial help to set this up**, because our current infrastructure is poor and we need to improve our camera facilities in time for the Cathedral re-opening. If you or someone you know may be able to help finance this project, please contact Cathedral House. These are difficult and uncertain times, and there are many worthy causes. This project would be a wonderful **legacy and a gift**, not only to our parish, but to the wider Church around the world.

**Fr Andrew's Podcast** - the sixth episode of Fr Andrew's podcast, *Ego Sum Via*, will be available to download on Sunday at [egosumvia.podbean.com](http://egosumvia.podbean.com), and will include the readings and homily for Sunday's Mass.

The **Young Adults Group** – open to those aged 18-35 – is still able to meet online through Zoom. Please contact Cathedral House by email or phone if you are interested and would like further details.

**The Easter Offering** – the usual collections taken on Easter Day (as well as on Christmas Day) are our personal offerings to the parish clergy. In fact, for most priests, what they gratefully receive from parishioners on these two annual days makes up a large proportion of their income. When things return to normal, **a specific Sunday later in the year will be appointed by the Bishop so that a collection for the clergy may be taken** to support them in their life and work.

It is still possible to help the work of the Church with our **Sunday offerings by standing order**, or by gift aid. Please contact the Cathedral if you are interested, and we can send you everything you need by post.

**Supporting one another** – Praise God for the miracle of love that this time of hardship has brought about, as people pour out kindness and generosity upon one another. At the Cathedral, we will try to make sure that our sick and housebound that we know about are called and supported where possible. If you know of any parishioners that may have been left out, please let Fr Simon know ([fathersimondavies@gmail.com](mailto:fathersimondavies@gmail.com)).

**Norfolk County Council helpline** for the vulnerable in need: 0344 800 8020.