

FIFTH WEEK OF EASTER

10th May 2020

Year A · Weekday II · Psalter Week 1

Provost David Paul · Cathedral Dean · 01603 728930

Father Leo Michael · 01603 728932

Father Simon Davies · 01603 728931

Father Andrew Eburne (UEA Chaplain) · 01603 592168

The Cathedral of
St John the Baptist

Father Laurie Locke · 01603 728934

Deacon Patrick Limacher · 01603 728934

Narthex Office · 01603 724380

Cathedral House · Unthank Road · Norwich · NR2 2PA

Tel: 01603 624615 · enq@sjbcathedral.org.uk

Liturgies in the Cathedral

The Cathedral remains closed at this time

Celebrant's Intention

Sunday 10 th May FIFTH SUNDAY OF EASTER	Mass	For the people
Monday 11 th May Easter feria	Mass	Anne Fulcher +
Tuesday 12 th May Easter feria	Mass	Albert Hagg +
Wednesday 13 th May Our Lady of Fatima	Mass	Radio Maria England
Thursday 14 th May S MATTHIAS	Mass	Fr Anthony Roberts +
Friday 15 th May Easter feria	Mass	Florence Bayes +
Saturday 16 th May Easter feria	Mass	Pandemic victims +
Sunday 17 th May SIXTH SUNDAY OF EASTER	Mass	Pro populo

AN ACT OF CONTRITION: *Oh my God, I am very sorry for having offended you, and I detest all my sins, because they offend you, my God, who are deserving of all my love. Firmly I resolve, by the help of your grace, to sin no more. Amen.*

AN ACT OF SPIRITUAL COMMUNION: *Lord Jesus, though I may not at this moment receive you physically in Holy Communion, please come into my heart, your whole Soul and Divinity, and remain there, and keep me safe. I love you Jesus, always. Amen.*

Prayers for the sick: Canon Paul, Fr John Warrington, Peter Warrington, Paul Horan, Liam McKenna, Philippa Barnes, Anthony Preston, Nancy Horner, Joan Marshall, Wood Family, Eleanor Bray, Lily Reid, Joe Heaney, Nina Strivens, Mary Ward, Dianne Yeadon, Chris Gillham, Peter Willets, Justina Adamska, Reece Sales, Nicholle Sales, Amanda Caistor, Patrick Champion and Brian Whitlam. *This sick list has not been updated, and, because of GDPR, we cannot add new people for data protection reasons without their written permission. Please pray for all the sick, and let us know if a name on this list needs removing, or if you would like to be added to the list.*

Going into hospital? If you or a relative are in hospital, please inform the hospital ward itself (not the parish) that you or your relative are Catholic and would like to see the chaplain. The hospital chaplaincy arranges the Catholic chaplain to visit those who are admitted to hospital.

Priests will only be able to make physical home visits (other than phone visits) to those who are in danger of death. The chaplain can only go into the hospital in an emergency situation and by the invitation of the hospital.

Thank you for your continued financial support for the Church at this difficult time.

If you are interested in setting up a standing order or gift aid donation, please contact Cathedral House.

www.sjbcathedral.org.uk



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A PRAYER OF POPE FRANCIS

In the present tragic situation, when the whole world is prey to suffering and anxiety, we fly to you, Mother of God and our Mother, and seek refuge under your protection.

Virgin Mary, turn your merciful eyes towards us amid this coronavirus pandemic. Comfort those who are distraught and mourn their loved ones who have died, and at times are buried in a way that grieves them deeply.

Be close to those who are concerned for their loved ones who are sick and who, in order to prevent the spread of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine Son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health.

Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus.

Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realise that we are all members of one great family and to recognise the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.

From the feast of Our Lady of Fatima onwards, the 10am Mass will be broadcast every day on **Radio Maria England**. Download the Radio Maria World Family app on your smartphone to listen if you can't watch Mass online.

Daily Live Broadcasts from the Cathedral: view Mass online at **10am every day** on our parish website sjbcathedral.org.uk or directly on the Cathedral YouTube channel [youtube.com/channel/UC1L1vHKBeZgiaUf6hUxbTOA](https://www.youtube.com/channel/UC1L1vHKBeZgiaUf6hUxbTOA) - You can watch any Mass afterwards on YouTube.

Weekly Mass for the sick and healthcare workers – celebrated by one of the bishops over the coming weeks on Thursdays at 7pm. Links to these Masses can be found on our website.

Fr Andrew's Podcast - the ninth episode of Fr Andrew's podcast, *Ego Sum Via*, will be available to download on Sunday at egosumvia.podbean.com, and will include the readings and homily for Sunday's Mass.

Norfolk County Council helpline for the vulnerable in need: 0344 800 8020.

If you live in NR2, you can also contact a local group which is helping support our neighbours. Please call 07375 965 908 or visit nr2corona.canobe.com. The NR2 group are also looking for volunteers.

Thanks to a very generous donor, we are able to make improvements to our systems, and, with the installation of new cameras (see picture below), our live stream facility will now be a **permanent feature**. Over the next few weeks, there may be some teething problems that we will try to fix – we do not have technicians at the Cathedral. As time goes on, and we get used to our system, we will be able to expand what we are able to do with it. We also thank our director of music, who has been to work every single day of the lockdown to ensure that we are able to broadcast to you at home.



Live streaming is a great help, but it is not the same as the real thing. It is important that we maintain an actual connexion with all of the sacraments, which are the ordinary means of salvation. **The fundamental aspect of our religion is that God is tangible – touchable – in Jesus Christ.** This isn't a distant reality, but a physical one, too: that's why we feel a great absence when we are kept from our churches: bread, wine, relics, smoke, oil, fire, ritual, colours: all of these symbols actually matter. **Perhaps we all realise now exactly how much they matter.** The cameras "film" the mystery of the Mass, and help us, but do not serve as a replacement. At the altar, the entire church, living, dead, the saints in heaven and the angels around us all gather together at the throne of the Lamb. This happens whether the priest is alone, or when there are many hundreds of people in a church building. Pray that we may be able to return home soon, and touch our Lord again... **Come, Lord Jesus!**