

SEVENTH WEEK OF EASTER

24th May 2020

Year A · Weekday II · Psalter Week 3

Provost David Paul · Cathedral Dean · 07445 818 415

Father Leo Michael · 01603 728 932

Father Simon Davies · 01603 728 931

Father Andrew Eburne (UEA Chaplain) · 01603 592 168

The Cathedral of
St John the Baptist

Father Laurie Locke · 01603 728 934

Deacon Patrick Limacher · 01603 728 934

Cathedral House · Unthank Road · Norwich · NR2 2PA

Tel: 01603 624 615 · enq@sjbcathedral.org.uk

Liturgies in the Cathedral

Celebrant's Intention

Sunday 24^h May SEVENTH SUNDAY OF EASTER	Mass · 1000 Vespers & Benediction · 1630	For the people
Monday 25th May S Bede	Mass · 1000	Monsignor Canon Squirrel +
Tuesday 26th May S Philip Neri	Mass · 1000	Major George Core +
Wednesday 27th May S AUGUSTINE OF CANTERBURY	Mass · 1000	Agripina Ducsin +
Thursday 28st May Easter feria	Mass · 1000	Francis & family
Friday 29nd May Easter feria	Mass · 1000	William & Catherine Dunne +
Saturday 30th May S Walstan	Mass · 1000 Vigil of Pentecost · 1800	Ellen Kilgallon + For an outpouring of the Holy Spirit
Sunday 31st May PENTECOST	Mass · 1000 Rosary · 1400 Vespers & Benediction · 1630	For the people

AN ACT OF CONTRITION: *Oh my God, I am very sorry for having offended you, and I detest all my sins, because they offend you, my God, who are deserving of all my love. Firmly I resolve, by the help of your grace, to sin no more. Amen.*

AN ACT OF SPIRITUAL COMMUNION: *Lord Jesus, though I may not at this moment receive you physically in Holy Communion, please come into my heart, your whole Soul and Divinity, and remain there, and keep me safe. I love you Jesus, always. Amen.*

Prayers for the sick: Canon Paul, Fr John Warrington, Peter Warrington, Paul Horan, Liam McKenna, Philippa Barnes, Anthony Preston, Nancy Horner, Joan Marshall, Wood Family, Eleanor Bray, Lily Reid, Joe Heaney, Nina Strivens, Mary Ward, Dianne Yeadon, Chris Gillham, Peter Willets, Justina Adamska, Reece Sales, Nicholle Sales, Amanda Caistor, Patrick Campion and Brian Whitlam. *This sick list has not been updated, and, because of GDPR, we cannot add new people for data protection reasons without their written permission. Please pray for all the sick, and let us know if a name on this list needs removing, or if you would like to be added to the list.*

Going into hospital? If you or a relative are in hospital, please inform the hospital ward itself (not the parish) that you or your relative are Catholic and would like to see the chaplain. The hospital chaplaincy arranges the Catholic chaplain to visit those who are admitted to hospital.

Priests will only be able to make physical home visits (other than phone visits) to those who are in danger of death. The chaplain can only go into the hospital in an emergency situation and by the invitation of the hospital.

Thank you for your continued financial support for the Church at this difficult time.
If you are interested in setting up a standing order or gift aid donation, please contact Cathedral House.

This Sunday, we remain in contemplation of the mystery of the **Ascension of the Lord**, which we celebrated last Thursday. In the entrance antiphon today, the Church sings "hide not your face from me, O Lord." The Lord Jesus has returned to heaven, has entered the Holy of Holies wearing the sacred priestly vestments of His human nature and has, as High Priest, shown to the Father His Wounds – our wounds. We are not abandoned by His return to heaven. Rather, **He has sent upon us the Holy Spirit**, God Himself, Who guides and directs us as a worshipping community. The Holy Spirit animates us as individuals and **showers His gifts upon us**. Moreover, He binds us together in His animating action which underscores the Church's sacred liturgy. When we gaze upon the Eucharistic Bread – or in the Hebrew mind, the "Face" – we experience the Lord Jesus' Real Presence.

Canon Paul is doing very well, and is now ready to help with pastoral work. Although he is not yet resident in Norwich, he is now contactable by phone on 07445 818 415. Hopefully, in short order, he'll be able to come back to Norwich. He thanks everybody for their kind messages and good wishes and prayers.

Opening for private prayer – depending upon how the government's regulations pan out, at some point soon, churches **may** be able to open for private prayer. Here at the Cathedral, we'd still have to keep the doors locked in the morning while the parish Holy Mass is being celebrated, but, if this happens, would be able to open in the afternoon and early evening, with some restrictions on movement, number of people in the building, etc. Confession would also potentially be available more freely than it is now. To prepare for this, we'd like some helpful volunteers to assist with cleaning, stewarding and assisting, as we have now got used to when we go to the supermarket, for example. If you are interested in this work at some point in the future, please e-mail Fr Simon fathersimondavies@gmail.com

Write to the government – individuals might also want to support the Church's negotiations by writing to the government to explain how important it is that our Churches are open soon, even just for private, solitary prayer. When writing it may be worth mentioning that many Catholics would happily volunteer to help disinfect churches as frequently as necessary; and that for Catholics the ability to pray in the presence of the Blessed Sacrament in the Tabernacle has a special significance, even if public ceremonies cannot be held. As our Cardinal reminded us on the radio this past week, this is a key aspect of our faith which differentiates the Catholic Church from some other branches of the Christian family which is only right to acknowledge. You can write to:

Rt Hon. Robert Jenrick,
Secretary of State for Housing, Communities and Local Government,
2 Marsham Street,
London SW1P 4DF

See also <https://forms.communities.gov.uk/> If you send a copy of your letter to your local Member of Parliament, this may also be useful.

Daily Live Broadcasts from the Cathedral: view Mass online at **10am every day** on our parish website sjbcathedral.org.uk or directly on the Cathedral YouTube channel youtube.com/channel/UC1L1vHKBeZgiaUf6hUxbT0A - You can watch any Mass afterwards on YouTube.

From this Sunday at 4.30pm, we will be able to broadcast **vespers and benediction** on Sundays, to help us orient ourselves to the Lord's Day more fully while at home to help distinguish it from other days.

Weekly Mass for the sick and healthcare workers – celebrated by one of the bishops over the coming weeks on Thursdays at 7pm. Links to these Masses can be found on our website.

Next Saturday evening at 6pm, we will broadcast a special Mass for the **Vigil of Pentecost**. This Mass is ancient, and, mirroring the Easter Vigil, has additional readings from the Sacred Scriptures which chart the work of the Holy Spirit in the history of our salvation.

Rosary Rally – on the last day of May, which this year falls on the feast of Pentecost, we are encouraged to join in a national Rosary rally. Each of the cathedrals and major shrines around the country will take the lead; here at St John's, **Bishop Alan will lead the Rosary at 2pm**.

The Bishop's intentions for these prayers specifically are "for faith, the sanctity of life and peace in the world; for an end to the current pandemic, for the sick and dying, for the dead and the grieving, for all health workers and carers, for those researching for an anti-virus; for the protection of the common good and people's economic livelihoods; for the poor, homeless and destitute, and that the Holy Spirit will preserve us from disaster and war."

Fr Andrew's Podcast - the eleventh episode of Fr Andrew's podcast, *Ego Sum Via*, will be available to download on Sunday at egosumvia.podbean.com, and will include the readings and homily for Sunday's Mass.

Norfolk County Council helpline for the vulnerable in need: 0344 800 8020.

If you live in NR2, you can also contact a local group which is helping support our neighbours. Please call 07375 965 908 or visit nr2corona.canobe.com. The NR2 group are also looking for volunteers.

The Justice and Peace Group invite you to pray with us for all those vulnerable people in Norwich, living in temporary or unsafe conditions, including those who are homeless, asylum seekers, refugees and those at risk from domestic violence. During the pandemic we have been able to support the work of The Anon Street Team, who are providing a daily hot meal to 45 homeless people temporarily housed in a hotel. Grants from our funds purchased kettles, foil containers for the food and a grant from Caritas (St Edmund's Fund) will help provide food and essential items for the team, going forward. Please contact Sarah Ebelewicz (group chairperson) on scmebelewicz@hhotmail.com for further information.