

HOLY TRINITY SUNDAY & 10TH WEEK OF ORDINARY TIME

7th June 2020

Year A · Weekday II · Psalter Week 2

Provost David Paul · Cathedral Dean · 01603 728 930

Father Leo Michael · 01603 728 932

Father Simon Davies · 01603 728 931

Father Andrew Eburne (UEA Chaplain) · 01603 592 168

The Cathedral of
St John the Baptist

Father Laurie Locke · 01603 728 934

Deacon Patrick Limacher · 01603 728 934

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Liturgies in the Cathedral

		Celebrant's Intention
Sunday 7 th June HOLY TRINITY	Mass · 1000 Vespers & Benediction · 1630	Harry Smith +
Monday 8 th June Feria	Mass · 1000	Sir Niall Horan +
Tuesday 9 th June Feria	Mass · 1000	Canon Eugène Harkness
Wednesday 10 th June Feria	Mass · 1000	Elsworth +
Thursday 11 th June S Barnabas	Mass · 1000	Jenny & Peter Warrington (Diamond Jubilee)
Friday 12 th June Feria	Mass · 1000	Elvira Panetta +
Saturday 13 th June St Anthony of Padua	Mass · 1000 Angelus & Rosary · 12.00	Miller +
Sunday 14 th June CORPUS CHRISTI	Mass · 1000 <i>with simple procession and exposition until:</i> Vespers & Benediction · 1630	For the people

AN ACT OF CONTRITION: *Oh my God, I am very sorry for having offended you, and I detest all my sins, because they offend you, my God, who are deserving of all my love. Firmly I resolve, by the help of your grace, to sin no more. Amen.*

AN ACT OF SPIRITUAL COMMUNION: *Lord Jesus, though I may not at this moment receive you physically in Holy Communion, please come into my heart, your whole Soul and Divinity, and remain there, and keep me safe. I love you Jesus, always. Amen.*

Prayers for the sick: Canon Paul, Fr John Warrington, Peter Warrington, Paul Horan, Liam McKenna, Philippa Barnes, Anthony Preston, Nancy Horner, Joan Marshall, Wood Family, Eleanor Bray, Lily Reid, Joe Heaney, Nina Strivens, Mary Ward, Dianne Yeadon, Chris Gillham, Peter Willets, Justina Adamska, Reece Sales, Nicholle Sales, Amanda Caistor, Patrick Campion and Brian Whitlam. *This sick list has not been updated, and, because of GDPR, we cannot add new people for data protection reasons without their written permission. Please pray for all the sick, and let us know if a name on this list needs removing, or if you would like to be added to the list.*

Going into hospital? If you or a relative are in hospital, please inform the hospital ward itself (not the parish) that you or your relative are Catholic and would like to see the chaplain. The hospital chaplaincy arranges the Catholic chaplain to visit those who are admitted to hospital. **Priests will only be able to make physical home visits (other than phone visits) to those who are in danger of death. The chaplain can only go into the hospital in an emergency situation and by the invitation of the hospital.**

Thank you for your continued financial support for the Church at this difficult time.

If you are interested in setting up a standing order or gift aid donation, please contact Cathedral House.

HOLY TRINITY

"Love is not just something that God does, but who God is."

There is one God, and He is three relationships between Father, Son and Holy Spirit. Not "two men and a bird", but, like with all relationships the three Persons have things in common, and things which are distinct. Each Person has "God-ness" (divinity) in common, but the fatherhood of the Father is unique, the childhood of the Son is unique; the Holy Spirit has neither fatherhood nor childhood, but is the loving Gaze between the Other Two. God looks at His perfect Self and simply "loves" – the Son is Who is loved by the Father; the Spirit is the Sigh between Them.

This isn't *merely* logic (it *is* logic), but what's important is that we are caught up in that relationship. That relationship caused creation; that relationship caused our rescue; that relationship is our drive and our destination... the "feelings" we have for things are little images of that desire for relationship. The Holy Spirit gets into every nook and cranny – Wind does that, and blows away the tangling, sticky cobwebs – and makes a space for the Father's Word, His Son, made our own Flesh, so we ourselves become one with the Son. That way, when we look back at the Father with the Son's eyes, the Spirit sighs in love.

Opening for private prayer – thanks to those who have volunteered to help when the times comes for the Cathedral to re-open. If you would still like to put your name forward, please e-mail Fr Simon fathersimondavies@gmail.com

Our Cardinal says that the government's easing of restrictions for non-essential services – from which Churches (which *are* essential) are deliberately excluded - "questions directly the reasons why our churches remain closed. We are told that these openings, which are to be carefully managed, are based on the need to encourage key activities to start up again. Why are churches excluded from this decision? ... The benefits of being able to access places of prayer is profound, on individual and family stability and, significantly, on their willingness to help others in their need. It is now time to move to the phased opening of our churches."

Write to the government – to support opening our places of worship for simple private prayer under safe conditions. When writing it may be worth mentioning that many Catholics would happily volunteer to help disinfect churches as frequently as necessary; and that for Catholics the ability to pray in the presence of the Blessed Sacrament in the Tabernacle has a special significance, even if public ceremonies cannot be held. You can write to:

Rt Hon. Robert Jenrick,
Housing, Communities and Local Government,
2 Marsham Street,
London SW1P 4DF

See also <https://forms.communities.gov.uk/>

Daily Live Broadcasts from the Cathedral: view Mass online at **10am every day**. Visit: sjbcathedral.org.uk/live

Every Sunday at 4.30pm we celebrate **vespers and benediction**. To help us orient ourselves to the Lord's Day more fully while at home to help distinguish it from other days, this will be broadcast.

Weekly Mass for the sick and healthcare workers – celebrated by one of the bishops over the coming weeks on Thursdays at 7pm. Links to these Masses can be found on our website.

New! Angelus & Rosary every Saturday at 12.00

Next Sunday is **Corpus Christi** Sunday, a feast which focuses especially on our understanding of the Blessed Eucharist. Easter culminates in the descent of the Holy Spirit at Pentecost, and in His light, we enjoy contemplation of the Godhead on Trinity Sunday. Having contemplated the image of God, we now enjoy feasting with and upon Him in the Eucharist. At the moment, of course, we cannot physically communicate in this most perfect way, but our hunger and thirst for the Body and Blood of Christ is itself a sign of deep love. We can express this love by making acts of spiritual communion, which, in difficult circumstances, opens up our hearts to the grace which God gives to us in the supreme sacrament. As well as the celebration of Mass next Sunday, the Cathedral clergy will also process around the Church with the Blessed Sacrament – part of which may be visible on the live stream! – and the Lord will remain exposed until vespers and benediction at 16.30.

Fr Andrew's Podcast - the thirteenth episode of Fr Andrew's podcast, *Ego Sum Via*, will be available to download on Sunday at egosumvia.podbean.com, and will include the readings and homily for Sunday's Mass.

Norfolk County Council helpline for the vulnerable in need: 0344 800 8020. **If you live in NR2**, you can also contact a local group which is helping support our neighbours. Please call 07375 965 908 or visit nr2corona.canobe.com. The NR2 group is also looking for volunteers.

The Justice and Peace Group invite you to pray with us for all those vulnerable people in Norwich, living in temporary or unsafe conditions, including those who are homeless, asylum seekers, refugees and those at risk from domestic violence. During the pandemic we have been able to support the work of The Anon Street Team, who are providing a daily hot meal to 45 homeless people temporarily housed in a hotel. Grants from our funds purchased kettles, foil containers for the food and a grant from Caritas (St Edmund's Fund) will help provide food and essential items for the team, going forward. Please contact Sarah Ebelewicz (group chairperson) on scmebelewicz@hotmail.com for further information.

Canon Paul will be celebrating the Mass this **Sunday**, and on some other days. It will be a joy to have him back with us, our parish priest. He still has to be careful about his physical contact with people, but is available to phone on 07445 818 415.