



THE SIXTH WEEK OF ORDINARY TIME

14th February 2021 · Year B · Weekday I · Psalter II

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Cathedral Collection

Last week: £1, 256. 21

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TIMES OF CEREMONIES

	SIXTH SUNDAY IN ORDINARY TIME		
Sunday 14th	6pm	Mass [Saturday]	<i>John Francis McGuire + For married couples For the people</i>
	9am	Mass	
	11am	Solemn Mass	
	4.30pm	Vespers & Benediction	
	4.45pm	Confessions	
	5.30pm	Mass	<i>Estrella Catalan +</i>
Monday 15th	<i>Feria</i>		
	7.30am	Mass	<i>Marlene (Sally) Laing +</i>
	10am	Mass	<i>Ely Bailon +</i>
Tuesday 16th	<i>Feria</i>		
	10am	Mass	<i>For the election of a bishop</i>
	7pm	Mass	<i>Browning family</i>
	7.30pm	Confessions & Adoration	
Wednesday 17th	<i>Ash Wednesday</i>		
	7.30am	Mass	<i>Holy Souls</i>
	10am	Mass	<i>Pat Meacock & family</i>
	12.30pm	Mass	<i>Edward Costello +</i>
	5.30pm	Mass [Old Rite Latin]	<i>Private intention</i>
	7pm	Solemn Mass	<i>For a happy Lent</i>
Thursday 18th	<i>Thursday after Ash Wednesday</i>		
	10am	Mass	<i>James Long +</i>
	7pm	Mass	<i>Ann Maria Neary (birthday) +</i>
Friday 19th	<i>Friday after Ash Wednesday</i>		
	7.30am	Mass	<i>Joan Akers +</i>
	10am	Mass	<i>Holy Souls</i>
Saturday 20th	<i>Saturday after Ash Wednesday</i>		
	10am	Mass	<i>John Fitzmaruice +</i>
	10.30am	Confessions & Adoration	
	5.15pm	Confessions	

Next week: Masses at 6pm [Saturday], 9am, 11am, 1pm [Polish], & 5.30pm

Confessions at 4.45pm on Sundays · Sunday Vespers & Benediction at 4.30pm

Prayers for the sick: Justina Adamska, Philippa Barnes, Eleanor Bray, Amanda Caistor, Patrick Campion, Jonathon Fitzimmons, Chris Gillham, Joe Heaney, Paul Horan, Nancy Horner, Joan Marshall, Liam McKenna, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Mary Ward, Peter Warrington, Fr John Warrington, Wood Family, Brian Whitlam, Peter Willets, and Dianne Yeadon [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.

Opening times · Daily · 7.30am - 6.30pm

This week, the Lenten fast begins on Wednesday, Ash Wednesday, and the first Sunday of Lent falls next weekend. The Lenten disciplines prayer, fasting and almsgiving are not for their own ends, but train us in the virtues of faith, hope and charity.

This year, we will not have wet ash paste imposed on our foreheads in the form of a cross, but **dry ashes sprinkled on top of our heads**, on the crown.

Although this is specifically required of us this year because of the pandemic, it is, in fact, the ancient (and current) Roman use, and is more in accordance with both historic practice and holy writ.

Even in the midst of penance, the Christian always remembers that there is an end in sight. The Paschal season is longer (50 days) than the Lenten season (40 days) for a reason: a we are people of joy. Canon Paul, Fr Leo and Fr Simon wish you all a **happy Lent**, and encourage everybody to pray for one another, for a outpouring of the gifts of the Holy Spirit, to strengthen those virtues of faith, hope and charity.

We cannot forget that today, too, is **St Valentine's day**, a Roman martyr, whose major relics are kept in Santa Maria in Cosmedin in Rome. In life, he **cured the blindness** of the daughter of a civil official, which led to their conversion, for **true love brings clarity**. Possibly martyred by Claudius II, he reputedly sent a letter to this young woman on the way to his death, signed "from your Valentine". Pray for married couples, those preparing for marriage, and also for hearts injured by loss or by sin, and for healing and clarity in families: **blessed are the pure of heart, for they shall see God.**



Please pray for **Estrella Catalan**, who has died after a long struggle with Covid. Please also pray for her family and friends, and colleagues at the hospital. Her funeral will take place on 5th March. Please also pray for **Edward Costello**, parishioner, who has died, and whose funeral will take place here on 23rd February. Please pray for **Anne Tomlinson**, who has died, and whose funeral will take place on 9th March. Please also pray for **Mervyn Claxton**, who has died, and for Mahairi. And please pray for **Sally Laing**, parishioner, who died a few weeks ago, and whose funeral takes place on Monday, and for **Joan Akers**, whose funeral will take place on Friday. **Eternal rest grant unto them, O Lord.**

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sundays	9am	Mass
	11am	Mass
	4pm	Holy Qurbana
Wednesdays	6pm	Mass followed by adoration & confessions

The Ignite Team invite all aged 13 to 19 to Glow, an afternoon online event with other young people featuring inspiring workshops, lively music and powerful prayer. Saturday 27th February 2pm - 4.30pm. Register now at rcdea.org.uk/youth or contact igniteteam@rcdea.org.uk for more information. All are welcome; why not bring a friend?

Headteacher required for September 2021, at Sacred Heart Catholic Primary School, Swaffham. Visit rcdea.org.uk/vacancies/headteacher for details.

CAFOD's Lent Fast Day is on Friday 26th February, and this year's appeal is in aid of poor communities who do not have clean water. Abdella is from a village in Ethiopia who spends 10 hours a day fetching water for his family. You can see more of his story on cafod.org.uk/lent. We are asked to support Abdella's and other similar communities with prayer, fasting and financial support to provide or store clean water. You can give help in a number of ways:

Take a Cafod envelope from the back of the Cathedral, insert your **cheque** for your offering of the cost of a meal, and send it via freepost to Cafod. Please provide your details so that the Gift Aid can be retrieved. **Donate on-line** to cafod.org.uk/give; please remember Gift Aid. **Text** to 70460 LENT 10 (or 20) to **donate** £10 or £20.

You can share Abdella's journey by walking 10,000 steps a day throughout Lent and/or taking part in the virtual Big Walk for Water event on Saturday 20th February. Details of how to take part and secure sponsorship are on cafod.org.uk/walk. If you can't take part in the physical exercise, **sponsor** Sarah Ebelewicz on her Just Giving page: walk.cafod.org.uk/fundraising/cafod-walk-for-water1376. You can find out more about Sarah's plans on the parish website.

Finally, thank you for your generosity and effort!