



SIXTEENTH WEEK OF ORDINARY TIME

18th July 2021 · Year B · Weekday I · Psalter IV

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Cathedral Collection
£1590.22

Thank you!

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Daily Mass Live Stream:
sjbcathedral.org.uk/live

TIMES OF CEREMONIES

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Sunday 18th	SIXTEENTH SUNDAY IN ORDINARY TIME		
	6pm	Mass [Saturday]	<i>Sidney Ulph +</i>
	9am	Mass	<i>Andy Picken +</i>
	11am	Solemn Mass	<i>For the People</i>
	4.30pm	Vespers & Benediction	
	4.45pm	Confessions	
	5.30pm	Mass	<i>Holy Souls</i>
Monday 19th	<i>Feria</i>		
	7.30am	Mass	<i>Conversion of England</i>
	10am	Mass	<i>Roger Pearson +</i>
Tuesday 20th	<i>S Apollinaris</i>		
	10am	Mass	<i>Roger Pearson +</i>
	7pm	Mass	<i>John McCluskey (F)</i>
	7.30pm	Adoration & Confessions	
Wednesday 21st	<i>S Laurence of Brindisi</i>		
	7.30am	Mass	<i>The Homeless</i>
	10am	Mass	<i>The Election of a Bishop</i>
Thursday 22nd	<i>S Mary Magdalene</i>		
	10am	Mass	<i>The sick of the Parish</i>
	7pm	Mass	<i>Holy Souls</i>
Friday 23rd	<i>S Bridget</i>		
	7.30am	Mass	<i>Holy Souls</i>
	10am	Mass	<i>Beatrice Marcantonio (F)</i>
Saturday 24th	<i>S Sharbel MakhluF</i>		
	10am	Mass	<i>Cicily Ouseph +</i>
	10.30am	Adoration & Confessions	
	5.15pm	Confessions	

Next Sunday: 6pm [Saturday], 9am, 11am & 5.30pm

Confessions at 4.45pm on Sundays · Sunday Vespers & Benediction at 4.30pm

Prayers for the sick: Justina Adamska, Philippa Barnes, Eleanor Bray, Amanda Caistor, Patrick Campion, Brenda Devany, Jonathon Fitzimmons, Chris Gillham, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, John Lofting, Joan Marshall, Liam McKenna, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Richard Sherwood, Peter Thorn, Mary Ward, Peter Warrington, Fr John Warrington, Wood Family, Peter Willets, and Dianne Yeadon [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

Opening times · Daily · 7.30am - 6.30pm

REGULATION EASING

From **Monday 19th July**, many regulations will be eased in England. This will be a time of relief to many, but also, to many others, it may also be a time of worry. As Catholics, we must always remember to act with love and kindness to one another.

In the Cathedral Church, from Monday 19th (and including next weekend), you will notice the following changes:

- There will be no blocked out benches or seats. Please sit where you might feel comfortable, always bearing in mind that others may be nervous, or may wish to sit further away from you. There is no formal limit of numbers, but we will continue to sanitise our seating after each Mass.
- There will be no sign-in sheets, but a QR code will remain at entrances for those who wish to use the app on their devices.
- Masks are not mandatory by law, but those who wish to wear them are to be made to feel welcome. We are to respect others who wish to wear masks, and to respect their personal space. The priests and other ministers of Holy Communion will continue to wear masks during distribution of Holy Communion, and sacristy staff will also wear masks in their preparations in the sacristy.
- Holy Communion will only be distributed at the front of the Cathedral at Mass, in three locations. Please follow the guidance of the stewards. As has been the case for a while now, Holy Communion may be received on the tongue.

Over time, we will also gradually see more things returning to normal, including singing by the assembly at those Masses where this took place previously, the way the collection is taken, and bringing up the offerings during Mass for the celebration of the Eucharist.

On the first Sunday of Advent this year, the obligation in love to attend the Mass on Sundays will be formally reintroduced. But we will be able to explore that in more detail over the coming months.

Cathedral Readers – please check your emails for your new rota.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

<i>Sunday</i>	9am	Mass
	11am	Mass
	4pm	Holy Qurbana

The second collection for the **Apostleship of the Sea** last week raised **£465.00**. Thank you all for your generosity.

Next Sunday 25th July is the **World-day of Prayer for Grandparents**. We keep all grandparents in our prayers and thank God for the help and guidance they show us.

St John's First Holy Communion and Confirmation programmes for 2021-22 are open for registrations. Please find the link to the e-registration form on the Cathedral Website – under latest news. You will need your child's baptism details to complete the form. Please note that there are limited spaces which will be allocated on a first come first served basis. Registrations close on **31st August 2021**.

Edible Heritage: We bond over food memories. We show love through food. We cook food to nurture those we love. We're inviting everyone to donate a cherished recipe - savoury or sweet - to help us compile a community recipe book that reflects the diverse nationalities and backgrounds of our congregation in the East of England. It could be something from your mum or dad, grandmother or uncle. Please include a short sentence on why this recipe is so important to you. We'll choose those that are most representative of the idea of family. Please email your recipe(s) to the Heritage Officer at heritage@sjbcathedral.org.uk or give it to the team in the Café. We'd like to have it ready for Heritage Open Days. Many thanks!

The Duckett Library closes at 12.30pm on **Tuesday 20th July** and reopens on **Sunday 12th September** (& for Heritage Days). Returns box & email will be checked regularly.



Please pray for the repose of the soul of **Roger Pearson** who has died and for his family. His body will be received into the Cathedral at **4pm on Wednesday 21st July** and his **Requiem Mass** will take place on **Thursday 22nd July at 12pm**.