



# FOURTH WEEK OF ORDINARY TIME

29<sup>th</sup> January 2023 · Year A · Weekday I · Psalter IV

[www.sjbcathedral.org.uk](http://www.sjbcathedral.org.uk)  
[parish@sjbcathedral.org.uk](mailto:parish@sjbcathedral.org.uk)

Cathedral House · Unthank Road · Norwich · NR2 2PA  
Cathedral Office: 01603 624615 [open weekdays 9am-1pm]

**Revd Alan Hodgson**  
*Dean of the Cathedral Church*  
[alan.hodgson@rcdea.org.uk](mailto:alan.hodgson@rcdea.org.uk)  
01603 728 930

**Revd Michael Smith**  
*Assistant Priest*  
[michael.smith@rcdea.org.uk](mailto:michael.smith@rcdea.org.uk)  
01603 957 655

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## TIMES OF CEREMONIES

<b>Sunday 29<sup>th</sup> Jan</b>	<b>FOURTH SUNDAY OF ORDINARY TIME</b>		
9am	Mass		<i>Carmen Alcocer +</i>
11am	Solemn Mass		<i>Anna Maria Crosskill +</i>
4.30pm	Vespers & Benediction		
4.45pm	Confessions		
5.30pm	Mass		<i>Anthony Hayes +</i>
<b>Monday 30<sup>th</sup></b>	<i>Feria</i>		
10am	Mass		<i>Elaine Hensmam</i>
<b>Tuesday 31<sup>st</sup></b>	<b>S John Bosco</b>		
10am	Mass		<i>Megan Bevan +</i>
7pm	Mass & Adoration		<i>Manu Alaivailahi Rankin +</i>
7.30pm	Confessions		
<b>Wed 1<sup>st</sup> February</b>	<i>S Henry Morse</i>		
7.30am	Mass		<i>Shirley Morton +</i>
10am	Sung Mass		<i>The O'Kane Family</i>
<b>Thursday 2<sup>nd</sup></b>	<b>THE PRESENTATION OF THE LORD</b>		
11.30am	Mass for the Religious		<i>Expedito S Casimiro Sr +</i>
<b>Friday 3<sup>rd</sup></b>	<i>S Blaise</i>		
7.30am	Mass		<i>Sylvia &amp; Glenn Carter (F) +</i>
10am	Mass		<i>Eduardo Quinto Jr +</i>
<b>Saturday 4<sup>th</sup></b>	<i>Blessed Virgin Mary on Saturday</i>		
10am	Mass & Adoration		<i>John Kiely +</i>
10.30am	Confessions		
5.15pm	Confessions		
6pm	Mass - Anticipatory		<i>Brian Maychim +</i>

**Next Sunday:** 6pm [Saturday], 9am, 11am, 5.30pm · **Confessions** 4.45pm · **Vespers & Benediction** 4.30pm ·

**Lauds at 9.40am Monday - Saturday in the Precious Blood Chapel**

**The Rosary** is prayed in the **Lady Chapel Monday to Friday** after the **10am Mass**.

**Adoration:** Tuesday 7.30pm, First Friday 10.30am until 4pm & Saturday 10.30am

**Prayers for the sick:** Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Anne Clark, Brenda Devany, Ann Dunning, Anthony Edmunds, Jonathon Fitzimmons, Sophia Gough-Solar, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Maria Osorio, Sarah McLean, Gary Newton, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorn, Mary Ward, Peter Warrington, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, the Watson Family, and Dianne Yeadon. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

**The Cathedral Church is open daily from 7.30am until 6pm**

**This Sunday is World Leprosy Day** so there will be a retiring collection at all Masses in support of the work of **Lepra**, a UK based charity that supports those suffering from Leprosy, particularly in India and Bangladesh. Due to misunderstanding, lack of information and incorrect beliefs, people affected by leprosy can experience severe discrimination and prejudice when they show symptoms, or when a diagnosis is confirmed. For just £25 a person can be completely cured of Leprosy. More information can be found by following this link: [WLD23 for Faith - YouTube](#). The support from the parish is greatly appreciated and valued by the charity.

**Come and rest for a while with the Lord** - On **Friday 3<sup>rd</sup> February** there will be Adoration of the Blessed Sacrament from **after the 10am Mass until 4pm** when Benediction will take place. **The Divine Mercy Chaplet will be prayed together at 3pm**. All Welcome.

Do come and spend quiet time with Our Blessed Lord in intercession for Bishop Peter and all our diocesan priests. If you can commit to half an hour or more, please do add your name to the Rota at the back of the church to help ensure a presence throughout the day. Thank you.

**On Thursday this week**, the feast of The Presentation of the Lord, we are delighted to welcome to our daily Mass members of religious communities and the consecrated life who live and work in our Diocese. Please note the Mass time on this day will be at 11.30am.

**Hospital Mass** - Holy Mass is celebrated at 12 noon on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 6<sup>th</sup> February**.

**Children's Liturgy** has resumed for the winter term at the 9am Mass. There are two groups: young children (up to year 2) and older children (from year 3 onwards). We are always happy to welcome more catechists and helpers, please come along for an informal chat.

**Assisi Pilgrimage – 18-25th August 2023** If you are interested, please contact Paula (Norwich Secular Franciscan Fraternity). The Pilgrimage includes 3 Franciscan sites: Greccio where Francis organised a living crib; La Verna where he received the stigmata and the Eremiti dei Carceri, (above Assisi) where Francis spent time in prayer before his conversion. Contact: [paulapofs@gmail.com](mailto:paulapofs@gmail.com) Tel: 01603 712130 or for more information.

**Foundation Masses** – have a 25-year life span and so many have expired or are about to expire. Those arranged before January 1998 will no longer be included in our annual Mass intentions. If you would like to renew a Foundation Mass, please contact the Parish Office.

**Young Adults' Rosary** for 18–35-year-olds is held every Wednesday at 7pm, in the Cathedral Church.

## HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

[parish@sjbcathedral.org.uk](mailto:parish@sjbcathedral.org.uk)

<i>Sunday</i>	10am	Mass
	11am	Confessions
	4pm	Holy Qurbana

**Inviting all young people in Year 9 and above to 'Flame' at Wembley Arena** – the Diocesan Youth Service is excited to be taking a group to 'Flame' on March 4<sup>th</sup>. Flame is the largest catholic gathering of young people in the UK, coming together to experience the best in international speakers, artists, and performers. For details and to book a ticket and place on the coach, please see [www.sjbcathedral.org.uk/flame-23-rise-up/](http://www.sjbcathedral.org.uk/flame-23-rise-up/) Bookings must be received by 12<sup>th</sup> February.

**Tambogrande Lenten Lunches** - We will be running simple soup lunches on Fridays during Lent, from the 24<sup>th</sup> of February to the 31<sup>st</sup> of March. These lunches are in support of our twinned project in Tambogrande, Peru. If you are you able to help serve, clear tables, or pay towards the cost of these lunches, which would otherwise be met by the Justice and Peace Group funds, please contact the Tambogrande coordinator on 07928082177, or email, Sarah Ebelewicz [scmebelewicz@hotmail.com](mailto:scmebelewicz@hotmail.com). Any profits raised will help to support Wilma, whose work on the Dare to Dream Reading Project is sponsored by this Parish. Many thanks for your generosity.

**Ukraine Exhibition** - It has been a pleasure to host the art and textiles exhibition in St Joseph's Chapel over the last two weeks. Our thanks go to Iryna and Info Art Frontier UA for organising this, as well as for the performance by ETA last Saturday. The exhibition will close on Saturday 28<sup>th</sup> February.

**A new Catholic Mothers' group** has been formed for all mothers living the Catholic faith, providing a friendly place where they can meet up, connect, grow in Faith, and support each other. Weekly prayer and study will take place in Norwich, children are welcome. Details of future talks and events will be given in due course. Please contact Katy for more information: [katytorcat@gmail.com](mailto:katytorcat@gmail.com)

**Noah's Ark Baby & Toddler Group** have resumed for the autumn term. Everyone welcome! Any more information [cathedralplaygroup@outlook.com](mailto:cathedralplaygroup@outlook.com)



Of your charity, please pray for the repose of the soul of Shirley Morton whose Requiem Mass will be held on Tuesday 7<sup>th</sup> February at the 10am Mass.