



SEVENTH WEEK OF ORDINARY TIME

19th February 2023 · Year A · Weekday I · Psalter III

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TIMES OF CEREMONIES

Sunday 19 th Feb		SEVENTH SUNDAY OF ORDINARY TIME	
9am	Mass		<i>Judith Pattrick +</i>
11am	Solemn Mass		<i>John Fitzmaurice (F) +</i>
4.30pm	Vespers & Benediction		
4.45pm	Confessions		
5.30pm	Mass		<i>For the People</i>
Monday 20 th		<i>Feria</i>	
10am	Mass		<i>Rose Girldlestone +</i>
Tuesday 21 st		<i>S Robert Southwell</i>	
10am	Mass		<i>Maurice Frost (F) +</i>
7pm	Mass & Adoration		<i>Anniversary of Filipino nurses</i>
7.30pm	Confessions		
Wed 22 nd		ASH WEDNESDAY	
7.30am	Mass		<i>Canon Francis Drake (F) +</i>
10am	Mass		<i>Andrew Wibisono +</i>
5.30pm	Mass [Old Rite Latin]		<i>Holy Souls</i>
7pm	Solemn Mass		<i>Holy Souls</i>
Thursday 23 rd		<i>Lent Feria</i>	
10am	Mass		<i>Carmen Alcocer +</i>
Friday 24 th		<i>Lent Feria</i>	
7.30am	Mass		<i>Alice Walker (F) +</i>
10am	Mass		<i>Robyn Hodgson +</i>
Saturday 25 th		<i>Lent Feria</i>	
10am	Mass & Adoration		<i>Yoskyl Brackley (F) +</i>
10.30am	Confessions		
5.15pm	Confessions		
6pm	Mass - Anticipatory		<i>David Liam Mane +</i>

Next Sunday: 6pm [Saturday], 9am, 11am, 5.30pm · **Confessions** 4.45pm · **Vespers & Benediction** 4.30pm ·

Lauds at 9.40am Monday - Saturday in the Precious Blood Chapel

The Rosary is prayed in the **Lady Chapel Monday to Friday** after the **10am Mass**.

Adoration: Tuesday 7.30pm, First Friday 10.30am until 4pm & Saturday 10.30am

Prayers for the sick: Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Anne Clark, Brenda Devany, Ann Dunning, Anthony Edmunds, Jonathon Fitzimmons, Sophia Gough-Solar, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Maria Osorio, Sarah McLean, Gary Newton, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorn, Mary Ward, Peter Warrington, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Wooley, the Watson Family, and Dianne Yeadon. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

This Wednesday is **Ash Wednesday**, the start of Lent and a Holy Day of Obligation. Mass will also be celebrated at **10am at Holy Apostles** on this day.

Stations of the Cross will be held in the Cathedral each Friday during Lent at 12.30pm and 6pm.

Lenten Lectures - This year's Lenten lectures will be hosted by Fr Denys Lloyd over three weeks on Friday evenings at 7pm. They will be held in the Narthex Hall on 03 March, 10 March and 17 March. The topic for this year will be on *The Theology of the Body* and will be based on Pope Saint John Paul II's lectures which he gave between 1979 and 1984 explaining his integrated vision of the human person. All are very welcome to attend.

Support for Syria and Turkey - there will be a cake sale hosted by our catechetical team and the youth of our parish after the Masses this weekend. The entire proceeds of this cake sale will be donated to Aid to the Church in Need for their earthquake appeal for the devastation caused by the recent earthquakes. There is much to be done out there and many years of hardship and struggle - every small act that we can do to help will be appreciated and go a long way to alleviate the suffering in this region. Thank you for your generosity and to the catechists for organising this event.

Holy Hours for Life - will take place on 9th and 30th March from 6.30pm-7.30pm. Please do come and join us for some time before the Blessed Sacrament to pray specifically for the Sanctity of Life.

Prayer at the Anglican Cathedral - The Dean at the Anglican Cathedral has invited us to join his community in prayer on Sunday 26 February at 5pm to mark the anniversary of the invasion of Ukraine (being the nearest Sunday to the actual anniversary on 24th February).

Hospital Mass - Holy Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 20th February**.

Tambogrande Lenten Lunches - We will be running simple soup lunches on Fridays during Lent, from the 24th of February to the 31st of March. These lunches are in support of our twinned project in Tambogrande, Peru. If you are able to help serve, clear tables, or pay towards the cost of these lunches, which would otherwise be met by the Justice and Peace Group funds, please contact the Tambogrande coordinator on 07928082177, or email, Sarah Ebelewicz scmebelewicz@hotmail.com. Any profits raised will help to support Wilma, whose work on the Dare to Dream Reading Project is sponsored by this Parish. Many thanks for your generosity.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

<i>Sunday</i>	10am Mass
	11am Confessions
	4pm Holy Qurbana
<i>Ash Wednesday</i>	10am Mass

Cafod's Family Fast Day will be on Friday 3rd March. This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the envelopes at the back of the Church or at cafod.org.uk/give and please join us in praying for our development and emergency response work all over the world.

Assisi Pilgrimage - 18-25th August 2023 If you are interested, please contact Paula (Norwich Secular Franciscan Fraternity). The Pilgrimage includes 3 Franciscan sites: Greccio where Francis organised a living crib; La Verna where he received the stigmata and the Eremiti dei Carceri, (above Assisi) where Francis spent time in prayer before his conversion. Contact: paulapofs@gmail.com Tel: 01603 712130 or for more information.

Noah's Ark Baby & Toddler Group will meet again this week from 10.30am-12.30pm in the Narthex Hall. For more information cathedralplaygroup@outlook.com

Help Your Marriage - Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023, or a Virtual weekend on 6 - 9 July 2023, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com / visit www.retrouvaille.org.uk.

Young Adults' Rosary for 18-35-year-olds is held every Wednesday at 7pm, in the Cathedral Church.