



# FOURTH WEEK OF ORDINARY TIME

28<sup>th</sup> January 2024 · Year B · Weekday II · Psalter IV

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## Cathedral Collection

£2,534.10

Pax Christi £176.36

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## Confessions

Tuesday: 6pm  
Saturday: 10.30am  
Saturday: 5.15pm  
Sunday: 4.45pm

## Rosary

The Rosary is prayed in the  
Lady Chapel. Monday to Friday  
after the 10am Mass.

## Divine Office

Lauds is prayed in the Precious  
Blood Chapel.  
Monday to Friday at 9:40am

## TIMES OF CEREMONIES

Sunday 28 <sup>th</sup> Jan	FOURTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Sir Erik Bennett +</i>
	11am	Solemn Mass	<i>Anna Maria Crosskill +</i>
	5.30pm	Mass	<i>Maurice Frost (F) +</i>
Monday 29 <sup>th</sup>	<i>Feria</i>		
	10am	Mass	<i>Frances Gentles</i>
Tuesday 30 <sup>th</sup>	<i>Feria</i>		
	10am	Mass	<i>Linda Carr</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Kenneth Flett +</i>
Wednesday 31 <sup>st</sup>	<i>S John Bosco</i>		
	7.30am	Mass	<i>Thanksgiving for Jesus</i>
	10am	Mass	<i>Andrew Barnes +</i>
Thursday 1 <sup>st</sup> Feb	<i>S Henry Morse</i>		
	10am	Mass	<i>Henry, Duke of Norfolk (F) +</i>
Friday 2 <sup>nd</sup>	<b>The Presentation of the Lord (Candlemas)</b>		
	7.30am	Mass	<i>Fintan Rooney +</i>
	<b>11.30am</b>	Mass	<i>Consecrated Life</i>
Saturday 3 <sup>rd</sup>	<i>S Blaise</i>		
	10am	Mass & Adoration	<i>CBM Godchildren</i>
	6pm	Mass (Anticipatory)	<i>Tony Howard +</i>
Sunday 4 <sup>th</sup>	<b>FIFTH SUNDAY IN ORDINARY TIME</b>		
	9am	Mass	<i>Estrella Catalan +</i>
	11am	Solemn Mass	<i>Jeffrey Perry +</i>
	3pm	Mass [1962 Rite]	<i>Holy Souls</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass	<i>Pro Populo</i>

**The Cathedral Church is open daily from 7.30am until 7pm**

**Prayers for the sick:** Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Niamh Hodgson, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner and the Watson Family, Shane Wissner. [GDPR compliant] **Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.**

## HYMN NUMBERS FOR THE 9AM MASS

472 720 941/643 856

**Joint Bishops' Conference** – we welcome the biennial conference of the Anglican and Catholic Bishops Conferences to our Cathedral. Both conferences will be celebrating midday prayer in our Cathedral at 12.15pm on Tuesday 30<sup>th</sup> January. We wish them every blessing and offer our prayerful support for a successful conference.

**Candlemas 2<sup>nd</sup> February** - we celebrate Mass with our brothers and sisters who live the Consecrated life within our Diocese. Mass will be celebrated by Bishop Peter at **11.30am followed by Vespers at approximately 2pm.**

There will be **no First Friday Adoration on Friday 2<sup>nd</sup> February** because of the celebrations in the Cathedral that day and for the Feast of the Presentation of Our Lord.

**Livestream and sound system update** – at the time of going to press the sound system and livestream project was running to schedule. I am confident the enhancement will be appreciated by all.

**Hospital Mass** - Mass is celebrated at 12 noon on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 5<sup>th</sup> February** and then **Monday 19<sup>th</sup> February.**

**Fr Michael's 60<sup>th</sup> birthday** - Fr Michael turns 60 this year on the 6<sup>th</sup> of February. There will be a bring and share lunch after the **11am Mass on the 4<sup>th</sup> of February.** Do come and celebrate with Fr Michael and the parish community. There are sign-up sheets for indications for food donations at the back of the church.

**The Annual Mass to celebrate Our Lady of Lourdes with Anointing of the sick** will take place on Saturday 10<sup>th</sup> February at 11.45am. This will replace the 10am Mass on that day.

**Inviting young people (age 16 – 30) to Transform for Lent** - it might seem that Christmas was only yesterday but already it's not long until Lent! The Ignite Team are hosting a weekend retreat for young people at Clare Priory the weekend before Lent begins (10<sup>th</sup> – 11<sup>th</sup> February). Contemporary music, inspiring talks, and passionate prayer times. For more information and to book a place see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**CAFOD** is looking for people to join them in their mission. Could you help visit our local schools, campaign for justice, visit parishes, or take part in The Big Lent Walk? Please see the CAFOD website for details or contact Jane Crone [jcrone@cafod.org.uk](mailto:jcrone@cafod.org.uk)

## HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

[parish@sjbcathedral.org.uk](mailto:parish@sjbcathedral.org.uk)

<i>Saturday</i>	5pm	Holy Qurbana (Anticipatory)
<i>Sunday</i>	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana
<i>Wednesday</i>	6pm	Mass (UEA Chaplaincy, term time only)

**“Awake Norwich – Parish Lent Retreat”** – You are warmly invited to join Fr Gladson Dabre OSA and the Transform Ministries team for a weekend of healing, restoration and deepening of your faith and spirituality 1<sup>st</sup>-3<sup>rd</sup> March, starting on Friday evening and running through the weekend. For more information, please check out the Cathedral website.

**Lenten retreats** run by Clare Priory are taking place in February and March 2024. “Entering into Lent” led by Fr George Donaghy OSA 16<sup>th</sup>-18<sup>th</sup> February, and “Inner Healing Retreat” led by Fr Gladson Dabre OSA 5<sup>th</sup>-7<sup>th</sup> March. Please email [clarepriory@clarepriory.net](mailto:clarepriory@clarepriory.net) or phone 01787 277326 for more details.

**Healing After Abortion - Rachel's Vineyard – Unfortunately,** due to unforeseen circumstances the dates for this retreat have had to be changed and the retreat will now take place on **Friday 1<sup>st</sup> – 3<sup>rd</sup> March, in Suffolk.** Rachel's Vineyard offers Catholic retreat weekends for men and women who are suffering after an abortion/s and is a safe place to renew, rebuild and redeem hearts broken by it. The retreats offer a supportive, confidential, and non-judgemental environment where men and women can express and reconcile painful post-abortion emotions to begin the process of healing. Contact Sona on [sona@rachelsvineyard.org.uk](mailto:sona@rachelsvineyard.org.uk) For further information, you can also visit: <http://www.rachelsvineyard.org.uk>

**The Young Adult Group** is a good place to make new friends and deepen your faith. It organizes social events - parties, discussions and more. We pray the rosary every Wednesday at 7 pm at the Cathedral, Walsingham Chapel. Please contact [yag.sjbnorwich@gmail.com](mailto:yag.sjbnorwich@gmail.com) for more information.

**Volunteers are needed as Cathedral Stewards** to assist at all Sunday Masses and other major functions in the Cathedral throughout the year. Please contact Teresa if you are interested 07999 455836.

**Loved Ones' Afternoon Tea** – will be served in the Garden café for Valentine's Day from the 12<sup>th</sup> – 16<sup>th</sup> February from 11am-1pm.