



# THIRD WEEK OF LENT

3<sup>rd</sup> March 2024 · Year B · Weekday II · Psalter III

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## Confessions

Tuesday: 6pm  
Saturday: 10.30am  
Saturday: 5.15pm  
Sunday: 4.45pm

## Rosary

The Rosary is prayed in the Lady Chapel. Monday to Friday after the 10am Mass.

## Divine Office

Lauds is prayed in the Precious Blood Chapel.  
Monday to Friday at 9:40am

## TIMES OF CEREMONIES

### Sunday 3<sup>rd</sup> Mar

### THIRD SUNDAY OF LENT

9am	Mass	<i>Mr &amp; Mrs Ric Caasi &amp; family</i>
11am	Solemn Mass	<i>Victorino Belen +</i>
3pm	Mass [1962 Rite Latin]	<i>Holy Souls</i>
4.30pm	Vespers & Benediction	
5.30pm	Mass	<i>Pro Populo</i>

### Monday 4<sup>th</sup>

### Lent Feria

10am	Mass	<i>Deceased Sword Family +</i>
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### Tuesday 5<sup>th</sup>

### Lent Feria

10am	Mass	<i>Eduardo Cardoso + &amp; Irineu Reis +</i>
5pm	Vespers	
5.30pm	Mass	<i>Deda, Zina &amp; family</i>

### Wednesday 6<sup>th</sup>

### Lent Feria

7.30am	Mass	<i>Brenda Clegg</i>
10am	Mass	<i>Mr Carmelo Abela +</i>

### Thursday 7<sup>th</sup>

### Lent Feria

10am	Mass	<i>Peter Hughes +</i>
6.30pm	Adoration	

### Friday 8<sup>th</sup>

### S Felix

7.30am	Mass	<i>Gilbert Losasso +</i>
10am	Mass & Adoration	<i>Eileen Limacher</i>
12pm	Stations of the Cross	
6pm	Stations of the Cross	

### Saturday 9<sup>th</sup>

### Lent Feria

10am	Mass	<i>Holy Souls</i>
6pm	Mass (Anticipatory)	<i>Pro Populo</i>

### Sunday 10<sup>th</sup>

### FOURTH WEEK OF LENT

9am	Mass	<i>Thanksgiving Mass for Sophie</i>
11am	Solemn Mass	<i>Nicolasa Albano +</i>
4.30pm	Vespers & Benediction	
5.30pm	Mass	<i>Holy Souls</i>

**The Cathedral Church is open daily from 7.30am until 7pm**

**Prayers for the sick:** Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner and the Watson Family, Shane Wissner. [GDPR compliant]

## HYMN NUMBERS FOR THE 9AM MASS

**920, 41 (psalm), 606, 752, 795**

**Lenten Booklets** are available at the back of the Church highlighting all services and functions during Lent.

**Stations of the Cross** will take place on the Fridays of Lent at 12pm & 6pm.

**Holy Hours** praying for the Sanctity of Life will take place on **Thursday 7<sup>th</sup> March** and **Thursday 14<sup>th</sup> March** from **6.30-7.30pm**. There will be Exposition of the Blessed Sacrament and the time of Adoration will begin with a rosary for life which will be followed by a time of silent prayer. All Welcome.

**Hospital Mass** - Mass is celebrated at 12 noon on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 4<sup>th</sup> March** and then **Monday 18<sup>th</sup> March**.

**Our Deanery Lenten Station Mass** will be celebrated at the Cathedral on Tuesday March 12<sup>th</sup>, with Adoration and Confessions from 6 pm followed by Mass at 7pm. Priests will be available for Confession from across the Deanery: this is an excellent opportunity for your Lent Confession.

**CSSA audit** backs safeguarding services in Diocese of East Anglia. The Diocese of East Anglia has been awarded a judgment of Comprehensive Assurance by the Catholic Safeguarding Standards Agency (CSSA) in an audit of its safeguarding provision. The audit was conducted in Spring 2023 and the Executive Summary of its findings have been published <https://www.rcdea.org.uk/cssa-audit-backs-safeguarding-services-in-east-englia/>. It is hoped that parishioners and visitors to our diocese will be reassured by its findings. Bishop Peter, clergy and all who work and volunteer in the diocese are encouraged by it and remain committed to following up on the small number of recommendations to further improve. Particular gratitude is due to the Diocese's Safeguarding Coordinator and Administrator, and to all Parish Safeguarding Representatives for their hard-work and commitment, which is reflected in this report.

**Fr Alan's Birthday** – all good wishes and prayers for our Dean, Fr Alan who celebrates his birthday on Tuesday 12<sup>th</sup> March. We wish his every blessing in the year ahead!

**Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

## HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

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<i>Saturday</i>	5pm	Holy Qurbana (Anticipatory)
<i>Sunday</i>	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana
<i>Wednesday</i>	6pm	Mass (UEA Chaplaincy, term time only)

### Inviting young adults (age 18 -30) to walk the Camino.

Join Bishop Peter as he leads a walking pilgrimage to Santiago de Compostela from 21st – 29th July 2024.

For more information and to book a place, please see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth). Places are limited and bookings accepted on a first come first serves basis.

**The SVP** is looking to employ an enthusiastic part time Membership Support Officer to help develop/redevelop SVP conferences in every parish in East Anglia and support struggling conferences. For further information and details how to apply contact Lance Philpott, Head of Membership at [lancep@svp.org.uk](mailto:lancep@svp.org.uk) Closing date for applications is 24<sup>th</sup> March 2024.

**A Tower Tour and Mother's Day Event** package is available on Sunday 10<sup>th</sup> March, £25 per person. The tour begins at 12.30pm, followed by afternoon tea at 1.30pm. Please come along either for the whole tour and tea or just for afternoon tea served between 11am – 1.30pm. A deposit is required, and booking is essential.

**The Norwich School Choral Society** will be joining forces with local music ensemble Norwich Baroque for a concert held at St John's Cathedral on Wednesday 6th March at 7.30pm. Comprising of John Rutter's Requiem, Mendelssohn Hear my Prayer together with Z. Randall Stroope's Omnia Sol. The first movement of Mendelssohn's violin concerto in E minor will be played by Rosemary Zhang, a senior pupil at Norwich School. Tickets are from [www.ticketsource.co.uk/norwich-school](http://www.ticketsource.co.uk/norwich-school) also available on the door. £12.50 (Under 25s are free).

**Castlerigg Manor (Diocese of Lancaster Retreat Centre)** are looking for a Programme Leader to join their youth ministry team. The work involves working on retreats in the heart of the Lake District, and occasionally working on outreach visits around the area. The post is residential and comes with a salary package in the range of £26-28k, made up of paid salary, accommodation, food etc. Would suit somebody with youth ministry experience perhaps recently graduated. Interested – [jack@castleriggmanor.co.uk](mailto:jack@castleriggmanor.co.uk)