



FOURTH WEEK OF LENT

10th March 2024 · Year B · Weekday II · Psalter IV

www.sjbcathedral.org.uk
parish@sjbcathedral.org.uk

Cathedral House · Unthank Road · Norwich · NR2 2PA
Cathedral Office: 01603 624615 [open weekdays 9am-1pm]

Revd Alan Hodgson
Dean of the Cathedral Church
alan.hodgson@rcdea.org.uk
01603 728 930

Revd Michael Smith
Assistant Priest
michael.smith@rcdea.org.uk
01603 957 655

Cathedral Collection
£2,157.79

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Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel. Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.
Monday to Friday at 9:40am

TIMES OF CEREMONIES

Sunday 10th Mar

FOURTH SUNDAY OF LENT

9am	Mass	<i>Thanksgiving Mass for Sophie</i>
11am	Solemn Mass	<i>Nicolasa Albano +</i>
4.30pm	Vespers & Benediction	
5.30pm	Mass	<i>Holy Souls</i>

Monday 11th

Lent Feria

10am	Mass	<i>Margaret Senior +</i>
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Tuesday 12th

Lent Feria

10am	Mass	<i>Fr Alan Hodgson (RCIA Group)</i>
5pm	Vespers	
6pm	Adoration	
7pm	Deanery Station Mass	<i>Pro Populo</i>

Wednesday 13th

Lent Feria

7.30am	Mass	<i>Holy Souls</i>
12pm	Chapter Mass	<i>Holy Souls</i>

Thursday 14th

Lent Feria

10am	Requiem Mass	<i>Cecilia Wright +</i>
6.30pm	Adoration	

Friday 15th

Lent Feria

7.30am	Mass	<i>Ella Winterlich +</i>
10am	Requiem Mass	<i>Niamh Hodson +</i>
12pm	Stations of the Cross	
6pm	Stations of the Cross	

Saturday 16th

Lent Feria

10am	Mass & Adoration	<i>Gorelli & Cara families</i>
6pm	Mass (Anticipatory)	<i>David Pattrick</i>

Sunday 17th

FIFTH WEEK OF LENT

9am	Mass	<i>Pro Populo</i>
11am	Solemn Mass	<i>Peter Curre +</i>
4.30pm	Vespers & Benediction	
5.30pm	Mass	<i>Clementino Dos Santos +</i>

The Cathedral Church is open daily from 7.30am until 7pm

Prayers for the sick: Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner and the Watson Family, Shane Wissner. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

HYMN NUMBERS FOR THE 9AM MASS

180, 216 (psalm), 204, 214, 757, 840

The Mother's Day cake stall after all weekend masses on 9th and 10th March is back. Please keep our young people in your prayers and support our fundraising efforts by purchasing cakes and other treats. Donations of cakes and biscuits also gratefully received. The monies raised will fund the catechesis programme including the children's pilgrimage to Walsingham in May 2024.

Lenten Booklets are available at the back of the Church highlighting all services and functions during Lent.

Stations of the Cross will take place on the Fridays of Lent at 12pm & 6pm.

Our Deanery Lenten Station Mass will be celebrated at the Cathedral on Tuesday March 12th, with Adoration and Confessions from 6 pm followed by Mass at 7pm. Soup and rolls will be served in the hall after Mass. Priests will be available for Confession from across the Deanery: this is an excellent opportunity for your Lent Confession.

Bishop Alan's 80th Birthday Mass will be celebrated at 12 Noon on **Tuesday 19th March** followed by tea, coffee and cake in the hall.

The Teresian Prayer Group meets on Tuesday 12 March at 4.30pm in the Narthex bar to reflect on St Teresa's teaching on prayer in her book, *The Interior Castle*. Everyone is welcome.

Holy Hour praying for the Sanctity of Life will take place on **Thursday 14th March** from **6.30-7.30pm**. There will be Exposition of the Blessed Sacrament and the time of Adoration will begin with a rosary for life which will be followed by a time of silent prayer. All Welcome.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 18th March** and then **Monday 1st April**.

The Friends of the Cathedral invite you to a talk led by Dr Richard Maguire, our Heritage Officer, who will be presenting a study on the symbolism and stories behind the great East and West windows of our Cathedral. This is a repeat of the Lenten talks (in case you missed them) and will take place on **Saturday 13th April at 11am**. The Narthex café and bar will be available for refreshments. No tickets but donations welcome.

Easter Flower Collection - there will be a collection towards Easter flowers after all Masses on 16/17th March

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

<i>Saturday</i>	5pm	Holy Qurbana (Anticipatory)
<i>Sunday</i>	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana
<i>Wednesday</i>	6pm	Mass (UEA Chaplaincy, term time only)

Inviting young adults (age 18 -30) to walk the Camino.

Join Bishop Peter as he leads a walking pilgrimage to Santiago de Compostela from 21st – 29th July 2024.

For more information and to book a place, please see www.rcdea.org.uk/youth. Places are limited and bookings accepted on a first come first serves basis.

Castlerigg Manor (Diocese of Lancaster Retreat Centre) are looking for a Programme Leader to join their youth ministry team. The work involves working on retreats in the heart of the Lake District, and occasionally working on outreach visits around the area. The post is residential and comes with a salary package in the range of £26-28k, made up of paid salary, accommodation, food etc. Would suit somebody with youth ministry experience perhaps recently graduated. Interested – jack@castleriggmanor.co.uk

Volunteers are needed to assist at the Chrism Mass on Tuesday 26th March to help with teas and coffees and general tidying up afterwards. Please call the office number or email catering@sjbcathedral.org.uk. Many thanks.

On Saturday 23rd March, the Vigil of Palm Sunday, please pray and fast for the end of abortion in this country. Through God's grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. www.GoodCounselNetwork.com

The SVP is looking to employ an enthusiastic part time Membership Support Officer to help develop/redevelop SVP conferences in every parish in East Anglia and support struggling conferences. For further information and details how to apply contact Lance Philpott, Head of Membership at lancep@svp.org.uk Closing date for applications is 24th March 2024.

The Young Adult Group is a good place to make new friends and deepen your faith. It organizes social events - parties, discussions and more. We pray the rosary every Wednesday at 7 pm at the Cathedral, Walsingham Chapel. Please contact yag.sjbnorwich@gmail.com for more information.