



# HOLY WEEK

24<sup>th</sup> March 2024 · Year B · Weekday II · Psalter II

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 £2,083.00

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Daily Mass Live Stream:  
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**Prayers for the sick:** Cathy Adams, Justina Adamska, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joan Marshall, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Peter Thorne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, and Shane Wissner.

**Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

## TIMES OF CEREMONIES

<b>Sunday 24<sup>th</sup> Mar</b>	<b>PALM SUNDAY</b>	
	9am	Mass <span style="float: right;"><i>Fintan Gilbert +</i></span>
	11am	Solemn Mass & Procession <span style="float: right;"><i>Pro Populo</i></span>
	4.30pm	Vespers & Benediction
	4.45pm	Confessions
	5.30pm	Sung Mass <span style="float: right;"><i>Deacon David Croucher</i></span>
<b>Monday 25<sup>th</sup></b>	<i>Holy Monday [Fig Monday]</i>	
	10am	Mass <span style="float: right;"><i>Karol Nartowski +</i></span>
	10-11am	Confessions
<b>Tuesday 26<sup>th</sup></b>	<i>Holy Tuesday</i>	
	11.30am	Solemn Mass of Chrism <span style="float: right;"><i>Pro Populo</i></span>
	5pm	Vespers
	5.30pm	Mass & Adoration <span style="float: right;"><i>Arnaldo Colona +</i></span>
	6pm	Confessions
<b>Wednesday 27<sup>th</sup></b>	<i>Holy Wednesday [Spy Wednesday]</i>	
	7.30am	Mass <span style="float: right;"><i>Fr Arabadjis</i></span>
	10am	Mass & Adoration <span style="float: right;"><i>The Coghlan Family</i></span>
	10-11am	Confessions
<b>Thursday 28<sup>th</sup></b>	<b>MAUNDY THURSDAY</b>	
<b>THE EASTER TRIDUUM</b>	10am	Tenebrae & Confessions
	7pm	<b>SOLEMN MASS OF THE LORD'S SUPPER</b>
	11.45pm	Compline [Night Prayer]
<b>Friday 29<sup>th</sup></b>	<b>GOOD FRIDAY</b>	
	10am	Tenebrae & Confessions
	11am	Children's Stations of the Cross
	3pm	<b>SOLEMN LITURGY OF THE LORD'S PASSION</b>
	6pm	Solemn Stations of the Cross
<b>Saturday 30<sup>th</sup></b>	<b>HOLY SATURDAY</b>	
	10am	Tenebrae & Confessions
	8pm	<b>SACRED PASCHAL VIGIL</b>
<b>Sunday 31<sup>st</sup></b>	<b>EASTER SUNDAY OF THE RESURRECTION</b>	
	9am	Mass <span style="float: right;"><i>Brian Green +</i></span>
	11am	Solemn Pontifical Mass <span style="float: right;"><i>Pro Populo</i></span>
	3pm	Mass [1962 Rite Latin] <span style="float: right;"><i>Holy Souls</i></span>
	4.30pm	Solemn Vespers & Benediction
	5.30pm	Mass <span style="float: right;"><i>Eileen &amp; Bernie Fitzsimons</i></span>

## HYMN NUMBERS FOR THE 9AM MASS

229/230 (procession), 253, 237, 749

This Sunday is **Palm Sunday**. At the 11am Mass, there will be a solemn procession from the Cathedral Garden, where the **Palm Sunday Gospel** will be proclaimed, and palm branches will be blessed for the procession, Christ's triumphal entry into Jerusalem. Blessed palm leaves will be available to take home at all the other Masses.

On **Holy Tuesday at 11.30am**, Bishop Peter will celebrate the **Mass of Chrism** with all the clergy of the diocese, and all parishioners are invited and encouraged to attend. At this Mass, priests renew their priestly promises made at ordination, and the Bishop consecrates the Holy Oils for use during the year: the Oils of the Sick, of Catechumens, and of Sacred Chrism. **Mass is followed by tea, coffee and hot cross buns in the Hall.** All are welcome.

The **Easter Triduum** [three days] is the annual commemoration of Christ's Passion, Death and Resurrection. It is a single liturgical action spread over those three days: we begin in the cenacle with his Supper, and we end with the women in the Empty Tomb. On these days, the liturgical schedule is different. On each morning, **Thursday – Saturday, at 10am, we celebrate Tenebrae** [which means darkness], a service of prayerful mourning and anticipation. The principal liturgies and times of confession and Stations [etc] can be seen on the front of the newsletter.

### EASTER TRIDUUM COLLECTIONS:

**Maundy Thursday:** the collection during the 7pm Mass of the Lord's Supper is taken for the charitable work of the **St Vincent de Paul Society** for the very poorest and most needy our parish.

**Good Friday:** the collection after the 3pm Solemn Liturgy of the Lord's Passion is taken for the **upkeep of the sacred shrines in the Holy Land.**

**Easter Weekend:** the collections at Masses of Easter next weekend are our **annual Easter gift to our parish clergy.** This collection forms about a third of our priests' annual income.

Thank you for your generosity towards the **Easter Flowers:** the Flower Guild received £791.11 which will make the Cathedral look as beautiful as possible as we celebrate the Resurrection of Christ.

**Hospital Mass** - Mass is celebrated at 12 noon in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1) usually on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of every month. Our next Mass will be on Monday 15<sup>th</sup> April. Please note - there will be NO MASS on Monday 1<sup>st</sup> April (Easter Monday).

## HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

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<i>Palm Sunday</i>	10am	Mass
	11am	Confessions
	4pm	Holy Qurbana
<i>Holy Thursday</i>	7pm	Mass
<i>Good Friday</i>	3pm	Passion Liturgy
	6pm	Stations of the Cross
<i>Holy Saturday</i>	8pm	Paschal Vigil

### Family Activities at the Cathedral over Holy Week include:

Planting of Easter Garden - Good Friday 29 March from 9.30am.

Children's Stations of the Cross - Good Friday 29 March 11am

The 14 Stations walk across Norwich - 14 churches over 5 miles 12-2pm – Good Friday 29 March

Easter Egg Hunt on Sunday 31st March after all Masses.

**Easter Sunday Parish Lunch, 31 March 24** - After the 11am Mass there will be a 3-course parish lunch, as fundraising to take our young people to the Ignite Festival. Please sign up on the sheet at the back of the Cathedral to book a place (suggested donation £7 per person). There will also be an Easter Egg hunt in the Cathedral gardens after the morning Masses. All welcome

**The Duckett Library** will close for the Easter break on Sunday 24 March at 10.45 and reopen on Sunday 14 April after the 9 am Mass. During closure, please return books via the 'returns' box outside the library and email with any queries or book requests.

**Spring coffee morning** and raffle in the Narthex Cafe on Tuesday 9th April 10.30-12.00. Proceeds to support Wilma in Tambogrande Peru. All welcome.

**The Friends of the Cathedral** invite you to a talk led by Dr Richard Maguire, our Heritage Officer, who will be presenting a study on the symbolism and stories behind the great East and West windows of our Cathedral. This is a repeat of the Lenten talks (in case you missed them) and will take place of **Saturday 13<sup>th</sup> April at 11am.** The Narthex café and bar will be available for refreshments. No tickets but donations welcome.

**From Monday 1<sup>st</sup> April until Friday 6<sup>th</sup> April** (inc) the Cathedral will be open from 9am-5pm and only the 10am Mass will take place.